

Ten Commandments for Swimming Parents

1. Thou shalt not impose your ambitions on thy child.
2. Thou shalt be supportive no matter what.
3. Thou shalt not coach your child.
4. Thou shalt only have positive things to say at a swim meet.
5. Thou shalt acknowledge thy child's fears.
6. Thou shalt not criticize the officials.
7. Thou shalt not jump from team to team.
8. Honor thy child's coach.
9. Thy child shalt have goals besides winning.
10. Thou shalt not expect thy child to become an Olympian.